

New International Student **HANDBOOK** FALL 2024



Stony Brook
University



WELCOME TO STONY BROOK UNIVERSITY

STONY BROOK UNIVERSITY is home to more than 3,400 international students from more than 100 countries. We look forward to welcoming you into our community and hope that you will experience incredible academic and cultural enrichment during your time at Stony Brook. We understand that adjusting to your surroundings can sometimes be overwhelming, but please know that the faculty and staff of Stony Brook are happy to assist you with anything you may need to feel at home. The staff of International Student Success and the whole team at the Office of Global Affairs is here to help you.

Call the office at **(631) 632-3365** or visit them at **S-1450 Melville Library** if you have any questions.

WELCOME MESSAGE FROM GLOBAL AFFAIRS

Dear International Students,

Welcome to Stony Brook University! As you embark on this journey, you are joining a vibrant community of diverse students and dedicated faculty committed to excellence.

We hope that your time at SBU is one of exploration, discovery, and academic and personal fulfillment. In the Office of Global Affairs, we are committed to providing you with the best educational experience supported by our world-class faculty and dedicated support services. Our goal is to empower you to reach your fullest potential and succeed in your endeavors.

I wish you all the best, and look forward to seeing you on campus!



Best regards,
Lindsy Walker
*Senior Associate Provost
for Global Affairs and
Senior International Officer*

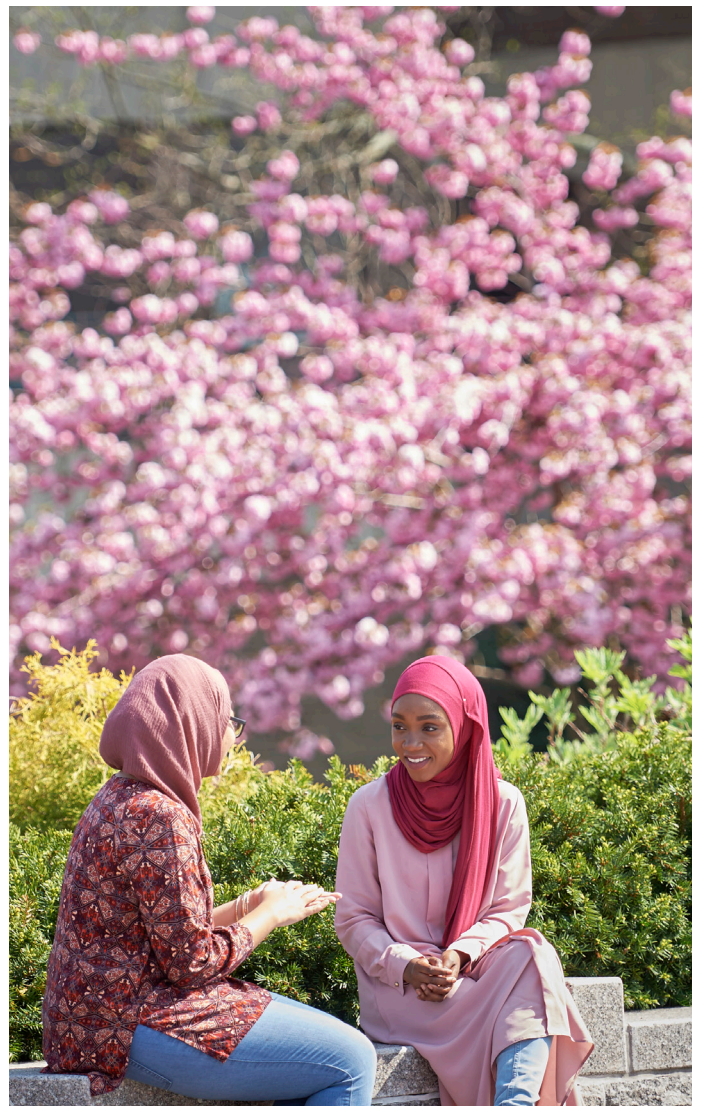


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With luggage limits and customs rules to consider, it's key to know what is essential and allowed by U.S. border and security.

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Arriving at SBU from major NYC airports (JFK, LGA, NWK)

Navigating airport transportation in the greater New York area can be challenging at times. Take a look at this guide for some resources.

Airport pick-up service info (offered by Stony Brook)

Stony Brook University is coordinating free bus transportation to campus on select dates and times for undergraduate and graduate students. Transport is provided from John F. Kennedy (JFK) airport to Stony Brook University's Main Campus located in Stony Brook, New York on the approved days/times.

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Scammers will often try to intimidate international students and scholars with empty threats of arrest or deportation. As such, it is important to understand what types of scams exist, common scenarios scammers will use, and what to do if you find yourself being targeted.

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Looking for barber shops, local restaurants and supermarkets? This section will help you navigate around the Stony Brook area.

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ON-CAMPUS HOUSING

CAMPUS RESIDENCES PHONE NUMBERS

CAMPUS RESIDENCES (631) 632-6750

Mendelsohn Quad(631) 632-6760

(Ammann, Gray, Irving, O'Neill)

Roth Quad(631) 632-2040

(Cardozo, Gershwin, Hendrix, Whitman, Mount)

Kelly Quad(631) 632-6790

(Baruch, Dewey, Eisenhower, Schick, Hamilton)

H Quad(631) 632-6775

(Benedict, James, Langmuir)

Tabler Quad(631) 632-6780

(Douglass, Dreiser, Hand, Chinn, Toscanini)

Roosevelt Quad(631) 632-6800

(Keller, Greeley, Stimson, Wagner)

Living Learning Community.....(631)-632-2616

(Chávez, Tubman, Lauterbur, Yang)

West Apartments(631) 632-4728

SERVICES

Laundry: The cost of laundry is included in the cost of your housing. Student are able to check the availability of the washer/dryers in their area using [LaundryView](#) before going to the laundry room.

Residential Fitness Centers are located in buildings across campus in residence halls and apartment areas providing a select variety of equipment.

Bicycle Registration: Campus Residences offers a bicycle registration program to all residents. Bicycle registration can help recover your bicycle in case it is ever lost or stolen. More information on how to register your bike, etc. can be found [here](#).

Residential Computer Centers: Located in residential buildings across campus, all computing centers are equipped with Bluetooth-enabled desktop computers, scanners, webcams, and printers. A full list of services and other info can be found [here](#).

For a full list and other helpful information about living in a residence hall, please visit stonycrook.edu/res.

OFF-CAMPUS HOUSING

The Office of Commuter Student Services & Off Campus Living has put together a list of resources to aid your off-campus search.

OFF CAMPUS LIVING..... (631) 632-7353

What you should know:

- International students are strongly recommended to live-on campus for at least their first semester, because acclimating to a new community can be challenging when you are also getting comfortable at a new school.
- You should not assume that just because a landlord, website, or agent speaks your native language, or is originally from your home country, that they have your best interests in mind.
- **Social Host Law:** It is illegal for anyone who owns or rents a home to "knowingly allow the consumption of alcohol or alcoholic beverages by any person under age 21 on the premises. The law also punishes any homeowner or tenant who learns that alcohol is being consumed by minors there and fails to take corrective action.
- **Red Flags:** "Red flags" are warning signs that a rental property may be unsafe, or that someone may be attempting to scam you. An in-depth explanation of red flags can be found on our website linked above .

Legal housing: House Rental License/Accessory Apartment License are issued to a landlord when the town deems that the house or apartment has met all applicable housing, sanitary, building, electrical and fire codes, rules, and regulations. Legal housing options can be found on the Commuter Student Services [website](#).

Checklists to keep handy during searching:

- Search process [Renter's checklist](#): Utilize this checklist to compare every credible option, and track the condition of rental rooms, evaluating properties against one another.
- [Move-in checklist](#): Utilize this checklist to mark the condition of the furniture. This is recommended so that you and the landlord are on the same page, and is helpful so that you aren't charged for wear-and-tear that was present before your arrival.

Budgeting tips can be found on [this website](#).

Renting an accommodation

- [Viewing houses and apartments](#)
- [Viewing apartment complexes](#)
- [Searching for roommates](#)

PREPARING FOR STONY BROOK

WEATHER

Season	Temperature	Clothing
Spring March to June	40 to 72F 4 to 22C	Like fall, layer clothing. Spring can be rainy and cool, warming on sunny afternoons.
Summer June to September	50 to 90F 10 to 32C	Wear light clothing for hot days and light jackets for cool nights.
Fall September to December	20 to 80F -7 to 27C	Layer clothing on chilly autumn days; raincoats or medium-weight coats or ski jackets are worn outdoors.
Winter December to March	0 to 45F -18 to 7C	In winter, heavy jackets/coats, warm hats, scarves, gloves, and waterproof snow boots are necessary.

WHAT TO PACK

We recommend cash, credit cards, and travelers' checks are carried in a discreet money belt. Be sure to carry with you:

1. Airline ticket(s) for your flight(s) to New York
2. Any prescription medications that you need to bring, with the written prescriptions from your doctor
3. Your passport, valid at least six months into the future, with a valid visa stamp (not applicable for Canadian citizens)
4. Form I-20 or DS-2019
5. Your SBU admission letter and proof of financial support
6. One complete change of clothing and toiletries, in the event that your checked luggage is delayed
7. Your driver's license and a translation, or "international driver's license," if you intend to drive

- Basic furniture is provided in campus residence halls. However, students should plan to purchase a lamp (no halogen lamps allowed), light bulbs, clock/radio, pillows, bed linens, towels, and warm blankets or a comforter for cold winters.

- It's advisable to bring a sheet, towel, and some toiletries initially. Some students also suggest bringing basic cooking utensils, especially if they're cheaper in your home country.
- Bus service from campus to shopping centers and grocery stores is available year-round.
- Just remember, if you pack it, you're going to have to carry it around at least two airports!

U.S. Customs and Border Protection

You might want to check with CBP about the items you plan to bring back to be sure they're not prohibited or restricted.

Prohibited items are forbidden by law (e.g., dangerous toys, illegal substances). **Restricted items** require special licenses or permits from a federal agency before the item is allowed to enter the US (e.g., firearms, certain fruits and vegetables, animal products, animal by-products).

To view a detailed list of such items and other important information, view [CBP Prohibited and Restricted Items website](#).

Campus Residences

The department has put together a list of [recommended items](#) and [prohibited items](#) (for students living on-campus).

PROHIBITED ITEMS

Health & Safety Inspections are conducted regularly. Scan the QR code below for a complete list of prohibited items on SBU's Terms of Occupancy. If you have any questions about any items that may or may not be allowed prior to arrival, email campres_safety@stonybrook.edu, your Resident Assistant, or Residence Hall Director.



Extension Cords



Lighting with AC Outlets/Sockets



Non CFL/LED Lightbulbs



Electrical Appliances
Space Heaters



Plug-In Air Fresheners



Foam/Gel Mattress Toppers



Non-Authorized Furniture



Candles/Incense



All Tobacco Products
& Vapes



Pets Other Than Fish



For all specifications on decorations, see section V.D. of the Terms of Occupancy



For all specifications on appliances, see sections V.B. & V.C. of the Terms of Occupancy



For all specifications on furniture, see section V.E. of the Terms of Occupancy



For all specifications on lighting, see section V.F. of the Terms of Occupancy

Not Recommended:

Peel and stick LED lights are not recommended as they are prone to causing wall damage that students must pay for.



Stony Brook University
Campus Residences

Terms of Occupancy:



ARRIVING AT STONY BROOK

There are a wide variety of ways to get to campus depending on where you are coming from. Some of the well known airports are John F. Kennedy (JFK), Laguardia (LGA), and Newark Liberty (EWR).

The John F. Kennedy International Airport (JFK) is the major airport closest to campus. Airport information centers in baggage claim areas provide details on the various ground transportation options, which include:

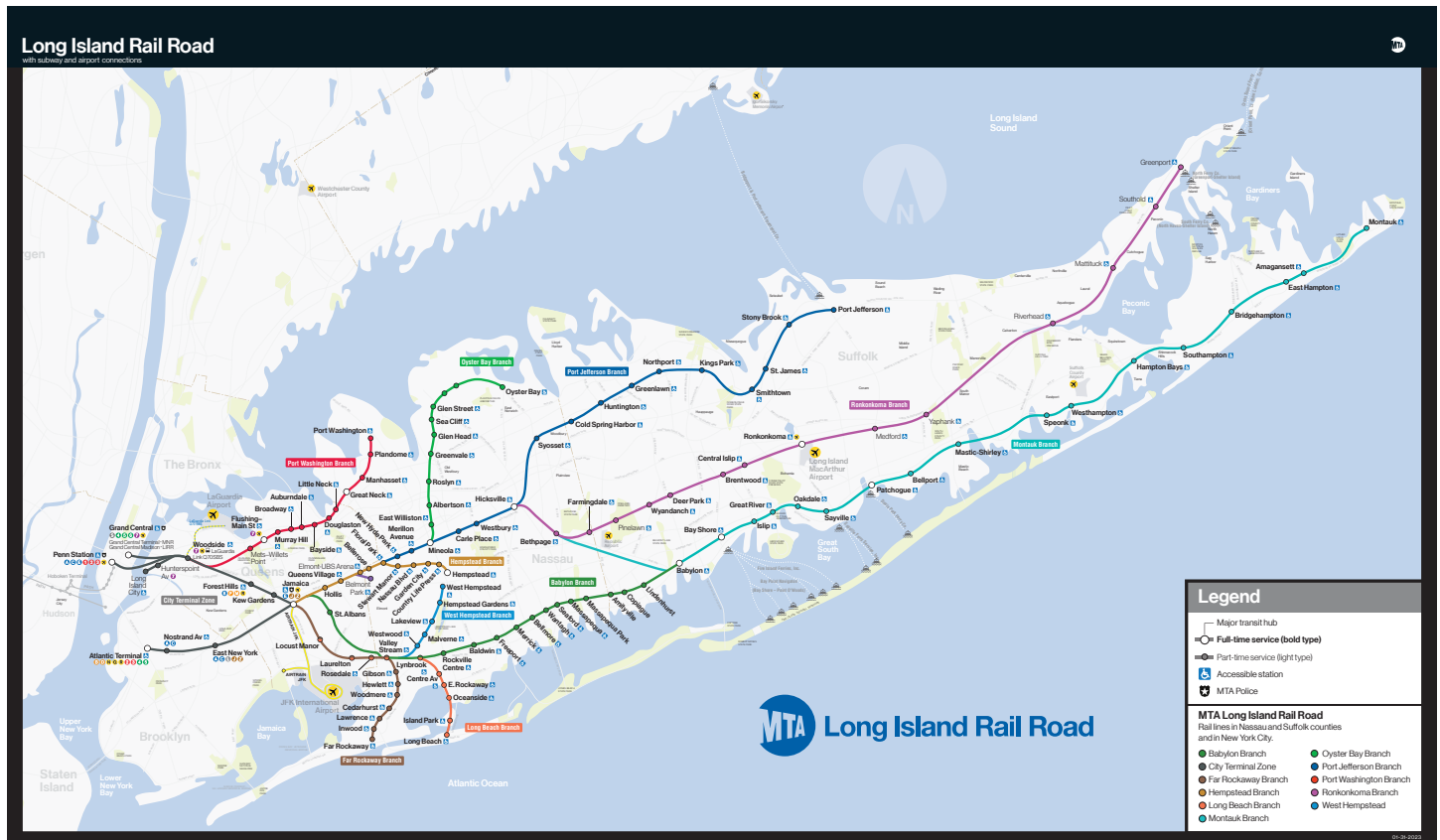
- Shuttle Service provided by Stony Brook University's Mobility & Parking Services (MAPS)
- Taxi: Available outside all terminals, except terminal 8.
- Lyft/Uber: Follow signs for designated pickup areas.
- Long Island Railroad (LIRR).

ARRIVING FROM NEWARK AIRPORT (EWR)

1. Take the combined New Jersey Transit/AirTrain to New York City's Penn Station. Tickets can be bought at the ticket machines at the station as well as the NJ Transit app.
 - First take the AirTrain, which will take you to the Newark Airport Train Station, then you will take the New Jersey Transit train.
2. From Penn Station take the LIRR train Port Jefferson Branch to Stony Brook University. Ticket fares depend on the time of the day.

ARRIVING FROM LAUGUARDIA AIRPORT (LGA)

1. Take a taxi to the closest Long Island Rail Road (LIRR) train station: the Woodside train station.
2. From Woodside take the LIRR train to Stony Brook University. (You might need to transfer at Jamaica or Hicksville). Ticket fares depend on the time of the day.



ARRIVING AT STONY BROOK

SHUTTLE SERVICE FROM JFK

Stony Brook University is coordinating free bus transportation to campus on select dates and times for undergraduate and graduate students.

Transport is provided from John F. Kennedy (JFK) airport to Stony Brook University's Main Campus located in Stony Brook, New York on the approved days/times as listed on [the MAPS website linked here](#).

If you are flying into a different airport, the free shuttle bus will not be available from there. You are welcome to purchase, at your own cost, separate transportation to JFK airport from where our free shuttles will depart.

Students living in Campus Housing will sign up for the shuttle through the housing portal. **Students not living in Campus Housing** may use [the link here](#) to register. This free shuttle will only stop on campus. Students living off campus will need to find transportation from campus to their house or apartment. The deadline to register for 2024 has passed.

The free shuttle service form will open for a limited period of time before the start of each semester, **please visit MAPS website for future semester services**.

1. Take the AirTrain from your current terminal to Terminal 4
2. Get off at Terminal 4
Walk from AirTrain to Terminal 4 Arrival Hall
3. Wait for bus to arrive for pick up

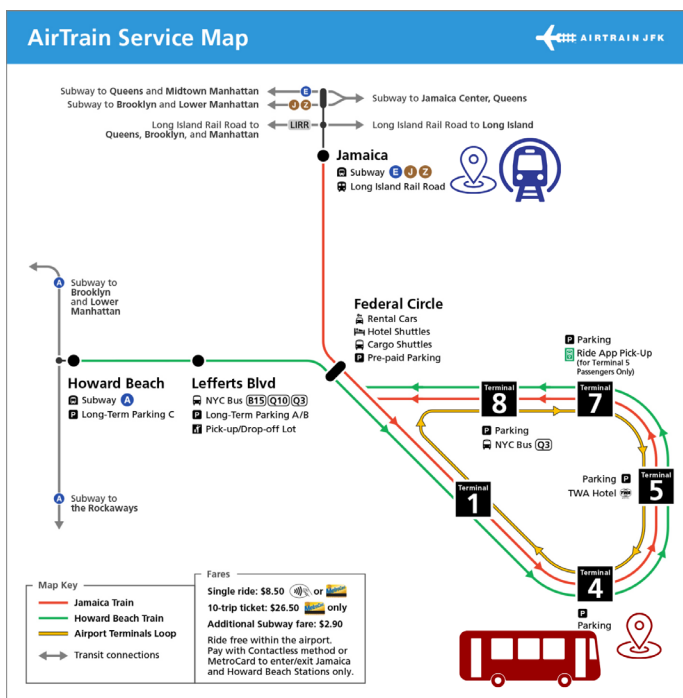
TAKE LIRR FROM JFK TO STONY BROOK

1. **Take the AirTrain to exit at Jamaica Station** (fee is \$8.50, paid when exiting at Jamaica) *Contactless payment method or an AirTrain MetroCard (with \$1.00 fee).*
2. **Get off at the Jamaica Train Station**
3. **Transfer / take the Long Island Railroad Port Jefferson Line, East Bound to Stony Brook Station**
 - Need to Purchase an LIRR train ticket (oneway Off peak: \$11.75, oneway Peak: \$16.00)
 - Tickets can be purchased at the ticket machines at the station or the MTA Train Time app
 - About 1.5 hour ride
 - Might need to transfer at Huntington Station (ask the train conductor for details)

HELPFUL APPS



MTA Train Time - To navigate trains, schedules and purchase tickets



INTERNATIONAL STUDENT CHECK-IN

All new and transferring F-1 and J-1 students, including those returning from leave, must complete the **International Student Check-In** with Visa and Immigration Services (VIS). This is a federally mandated process that ensures compliance with immigration regulations and activation of your SEVIS record.

- [F-1 International Student Check-In](#)
- [J-1 International Student Check-In](#)

Complete Part 1 of the International Student Check-in before arriving in the United States. Doing so will help expedite the overall process and ensure that you have a solid understanding of how to maintain your status.

MOVE IN — CAMPUS RESIDENCES

Find Your Community

All buildings at Stony Brook University can be found on services such as Google Maps and Apple Maps in order to find walking and driving directions.

Please also [use this link](#) for a map to find your community.

Move-In Process

There is a Check-In tent located in your residential community. Upon arrival on campus, please report to the check-in tent and have your check-in passes and photo ID ready (Passport, Stony Brook ID card, Driver's license, etc.)

More information on arrival dates and selected arrival times can be found on the Campus Residences [Move-In Page, linked here](#). On this page, it also has detailed information regarding:

- Arrival Time for Undergraduate
- Arrival Time for Graduate Residents
- Check-In Tent locations

Questions? Contact: reside@stonybrook.edu and include your Stony Brook ID number in all correspondence.

Sample traffic signs to look out for:

COMMUNITY DIRECTIONAL SIGNS

1	KELLY
2	SCHOMBURG/WEST
3	ERC
4	LAUTERBUR/YANG
5	TABLER
6	ROTH
7	MENDELSON
8	CHÁVEZ/TUBMAN
9	H

WHERE TO EAT ON CAMPUS

For all on-campus dining hours and locations, visit stonybrook.edu/dining/hours

Retail Locations

JASMINE at the Charles B. Wang Center offers Indian cuisine like naan and chicken tikka masala, Chinese rice bowls and dumplings, Korean dishes such as bibimbap and katsu chicken, hand-rolled sushi and poke bowls, bubble tea and pastries, plus Asian snacks and grab-and-go items.

STUDENT ACTIVITIES CENTER (SAC) FOOD COURT

Retail locations use the flexible Dining Dollars on your ID card to eat on the go. Acceptable forms of payment are credit card, debit card, Wolfie Wallet and Dining Dollars in your meal plan.

OTHER RETAIL LOCATIONS

- Administration Cart
- Dunkin' and Dunkin' Express
- East Side Dining Retail
- Emporium Market
- Melville Library Starbucks
- Peet's Coffee
- Roth Cafe
- Market at West Side
- SBU Eats Food Trucks

Dine-in Locations

West Side Dining, East Side Dining

Dine-in offers hot breakfast, salad bar, soups, pizza, pasta, grill station, deli, desserts and soft serve ice cream. Freshly prepared, premier entrées are always available. Vegan and vegetarian options are available at the Rooted station. Acceptable forms of payment include using Meal Swipes in your Meal Plan or paying the door price using Dining Dollars, credit card, debit card or Wolfie Wallet.

For all on-campus dining hours and locations, visit stonybrook.edu/dining/hours

GET Mobile App



A convenient way to manage your meal plan and Wolfie Wallet funds! Login using your NET ID. Available from the web or as a mobile app for Android or iPhone.

- View transactions
- Add funds
- Check account balances
- Request funds

Visit GET Mobile on the web: get.cbord.com/sbu

ALL ABOUT THE MEAL PLAN

MEAL PLAN TERMINOLOGY

Dining Dollars: Dining Dollars may be used at any dining location, including the SBU Eats food trucks and at dine-in. Dining Dollars roll over from fall to spring. **The last day to use Dining Dollars is commencement day of the Spring semester. The remaining balances are forfeited.**

Meal Swipes: Meal Swipes may be used at West Side Dine-In or East Side Dine-In regardless of where you live.

Meal Swipes do not roll over and expire at the end of each semester. The remaining balances are forfeited.

Guest Passes: Unlimited meal plans include Guest Passes which can be used to swipe in a visiting friend or family member at Dine-In Locations (East Side Dine-In and West Side Dine-In). Guest passes may be used at Dine-In Locations only. **Guest Passes do not roll over and expire at the end of each semester. The remaining balances are forfeited.**

Meal Exchanges: Students on certain meal plans will have meal exchanges you can use at Roth Cafe.

[More information can be found on the Meal Plan Website.](#)

2024 Meal Plan Dates

Fall 2024 Meal Plan Start and End Dates:

- Dining Dollars active starting **Sunday, August 18**
- Meal Swipes active starting with dinner on **Monday, August 19**
- Meal Exchanges active starting **Friday, August 23**
- Meal Swipes, Guest Meal Swipes and Meal Exchanges expire on **Thursday, December 19, 2024.**

NEW for 2024-2025

All students can use their Dining Dollars at SBU Eats food trucks. All students on an unlimited meal plan (Wolfie Deluxe or Wolfie Standard) will have the option to use 54 meal exchanges per semester at Roth Cafe.

Students on an unlimited meal plan (Wolfie Deluxe or Wolfie Standard) can use TWO takeout meals per day at East Side and West Side Dine-In.



NUTRISLICE Mobile app

Download the free Nutrislice app. You can also use it to pre-order to avoid waiting inline. Know before you go! Decide what to eat before you go to a dining location! Place mobile orders for pickup, view menus, nutrition information, filter by dietary options such as vegan, vegetarian, food allergens, kosher, halal, and more.

STAYING SAFE ON CAMPUS

Stony Brook is a busy campus. Please make sure you are not distracted while driving or walking to class. Walk on sidewalks and cross the street in designated crosswalks. If you like to run, skate or bike at night, please make sure to get one of the free reflective vests available to students so cars can see you more easily. For your free vest, visit **Suite 205 Stony Brook Union.**

HEALTH SERVICES

The Student Health Center is located behind the Stony Brook Union. Services are free to full-time students. Registered students can also call the Medical Advice line at (631) 632-6740, option 3, to speak to a registered nurse who can assist with medical concerns during times that the Student Health Center is closed.

For an emergency, University Hospital is across Nicolls Road. If you need immediate assistance, dial 333 from an on-campus phone or (631) 632-3333 from your mobile phone.

Medical Clinic (631) 632-6740
Open Monday to Friday, 8 am to 5 pm;
Please note that the building is closed daily 12:00 PM - 1:00 PM for lunch.

Women's Clinic..... (631) 632-6740
Monday to Friday, 8 am to 12 pm and 1 pm to 4 pm

University Hospital Emergency Rooms.... (631) 444-2499
Open 24 hours.

MENTAL HEALTH SERVICES

Stony Brook University is committed to providing a safe and caring environment for our students.

Through the **Center for Prevention and Outreach (CPO)** we offer a wide range of services to address student concerns about mental health, alcohol and other substances, healthy relationships, sexual violence, and physical health. We have four departments, each emphasizing a critical area of prevention and outreach: Mental Health, Alcohol and Other Drugs, Sexual Assault, and Physical Health.

Counseling and Psychological Services (CAPS) is also here to provide mental health services to help students develop healthy minds and skills necessary for personal, academic, social success and safety. We encourage students to proactively seek support by reducing barriers to care. We are committed to embracing human diversity in all its forms.

TimelyCare: Virtual Healthcare for Students is a new telehealth platform that provides 24/7 virtual access to medical and mental health services.

HEALTH INSURANCE

Undergraduate international students with domestic health insurance coverage who wish to waive insurance should go to haylor.com/college/stony-brook-university to fill out a waiver. Students who wish to waive this coverage must ensure their insurance coverage meets the SUNY waiver requirements.

Some of the highlights of the coverages are:

- Unlimited coverage for primary care providers, specialists, emergency visits and hospitals
- Unlimited coverage for preventative care, including annual physicals, GYN exams, routine screenings and immunizations
- Prescription Drug Coverage: \$10 copay for tier 1 drugs, and a \$20 copay for tier 2 or 3 drugs
- Unlimited coverage for inter-collegiate athletics
- Unlimited coverage for mental health
- Evacuation and repatriation services
- Tele-Doc service for minor sickness, injury & mental health

GRADUATE SCHOOL

The Graduate School at Stony Brook is committed to providing support for students through professional and personal development opportunities. Dedicated resources and programming are available for graduate students throughout the year. Learn More on the [Graduate School website](#).

CONNECTING TO THE UNIVERSITY NETWORK

Follow these steps to make sure your electronic devices are connected to the campus Wi-Fi network.

1. When you turn on your computer, make sure the wireless connection is on.
2. Click on "WolfieNet-Secure."
3. You will see a message that says "Additional information may be required."
4. Open a Web browser. Follow the step-by-step instructions that will help you connect to the Internet.

You will need your NetID and Password. Find this on your SOLAR account.

Don't have a NetID and Password?

You can connect to WolfieNet-Guest using your email address.

Need more help registering your computer or connecting to the Internet? You can call DoIT at (631) 632-9800 or visit S-1460 Melville Library. Client Support is open Monday to Friday, 10 am to 4:30 pm.

APPS TO DOWNLOAD

Apps to download before coming to Stony Brook

DUO Mobile: Two -Step Login for all SBU Accounts

Navigate: App to make appointment with your academic advisor and more (Undergraduate)

Zoom: Video conferencing software for remote communication

Gmail: Google email service with features

Essential Apps to succeed at Stony Brook

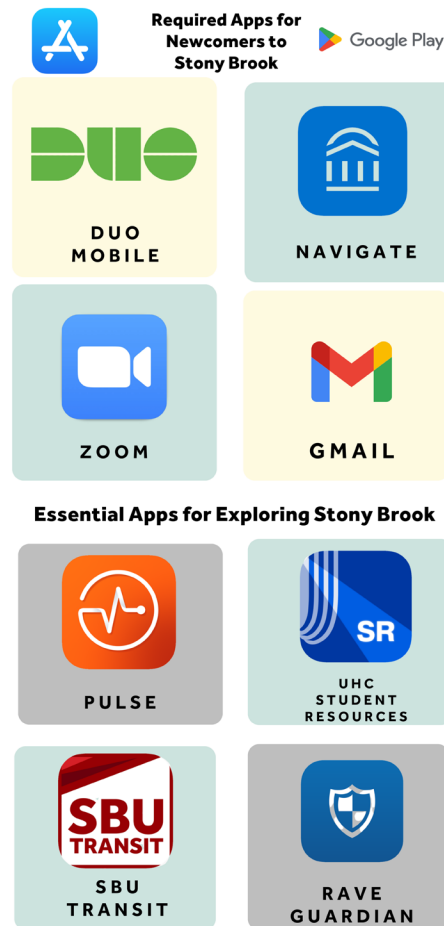
PULSE: Place to check grades, homeworks, classes, etc.

UHC StudentResources: Check your health insurance coverage, claims

SBU Transit: Stony Brook's free shuttle service

CORQ: Student Engagement and Activities event mobile app to find out about our clubs and fun events.

RAVE Guardian: Stony Brook University's Security Alarm System



Note: To download these app, it may be necessary to change the region on your phone to the United States.

HOW TO AVOID SCAMS

WHAT IS A SCAM?

A scam is a dishonest attempt to obtain money, information, or something else of value. Scammers are people who will lie and misrepresent themselves as people with authority, often using intimidation to manipulate individuals into doing what they want.

IDENTIFYING A SCAM

Do not answer phone calls from numbers you do not know. Let the unknown call go to voicemail first. Prior to calling back, check to verify that you are calling a listed number. For example, if someone leaves a voicemail claiming to be your doctor, make sure that the return number is listed on your doctor's website or documentation they have provided you.

Watch out for "spoofed" numbers. Number "spoofing" makes the victim's caller ID display a legitimate phone number even though the call is originating from somewhere entirely different. If you have doubts about a caller's identity, do not answer and call the listed number for that agency to speak to a representative.

If you receive a suspicious email, check the validity before responding or clicking the links. If the contents seem unusual (for example, a supervisor asking you for gift cards) or "too good to be true" (such as an offer to make \$1,000/week for three hours of work), confirm the authenticity of the message directly with the sender or unit in person or over the phone.

Never give personal or financial information to someone you do not know. No official will ever demand money or have the power to revoke your immigration status. If you receive any form of communication (such as calls, emails, etc.) from someone claiming to represent the Student and Exchange Visitor Program, a law enforcement officer, a tax agent, or any other government or university authority, demanding money or confidential details, exercise extreme caution as it is likely a scam.

Before responding to suspicious messages/calls, check with VIS or University Police. No matter what situation you are in, we are here to help you.

If you are unsure if a request is a scam or not, please contact the University Police Department at (631) 632-6350 or Visa and Immigration Services at (631) 632-4685 or vis@stonybrook.edu.

SCAMS AND FRAUD REGARDING FEDERAL AND STATE TAX RETURN

Thousands of people have lost millions of dollars and their personal information to tax scams. Scammers use the regular mail, telephone, or email to set up individuals, businesses, payroll and tax professionals.

The IRS **doesn't initiate** contact with taxpayers by email, text messages or social media channels to request personal or financial information. Recognize the telltale signs of a scam. See also: [How to know it's really the IRS calling or knocking on your door.](#)

IF YOU RECEIVE A THREATENING CALL FROM SOMEONE CLAIMING TO BE A GOVERNMENT OR LAW ENFORCEMENT OFFICIAL

- Do NOT give out your personal or financial information
- Get contact information from the caller (name, badge number, telephone number)
- End the conversation immediately if threats / intimidation continue
- Contact the [Homeland Security Investigations Tip Line](#)
- Complete the [IRS Impersonation Scam Reporting Form](#)
- J-1 Exchange visitors should complete [an incident report](#) and email it to AGAlert@state.gov.

ADDITIONAL RESOURCES

- [USCIS Scam Information](#)
- [Study in the States: Tips to Avoid Scams](#)
- [Tips from the Inspector General's Office](#)
- [Where to report a scam - usa.gov](#)
- [Preventing Identity Theft - usa.gov](#)
- [Types of Imposter Scams](#)



Your online SWEETHEART asks for **MONEY**. No matter the reason:



STOP

Don't send cash or pay an online love interest with gift cards, wire transfers, or cryptocurrency. **You won't get it back.**

SBU AT YOUR SERVICE

SHOP RED WEST

Lower Level, Melville Library

SBU apparel, gifts, school supplies, Residence Hall supplies and toiletries. For additional information, call **(631) 632-6550** or visit sbushopred.com.

BANKING SERVICES

Health Sciences Center, Level 2

Island Federal, a credit union, **(631) 851-1100**. ATMs are located in the SAC, Administration Building, East Side Dining and West Side Dining.

Full-Service & Deposit Taking ATM Locations:

Administration Building
Health Sciences Center Level 2
Long Island State Veterans Home
Stony Brook University Hospital Lobby
Student Activities Center Branch Office
Student Activities Center Lobby
Student Union

Cash Dispensing ATM Locations:

East Siding Dining
Market at West Side
Island Federal Credit Union Arena
Lavalley Stadium

MONEY RELATED

PAYMENT AT SBU

Stony Brook Union, 2nd Floor, Suite 207

Student Financial Services has partnered with Flywire to provide a streamlined way to make international payments that is both simple and cost-effective. After you view your bill in SOLAR and proceed to make a payment, simply select the "Flywire" option from the drop-down menu. If you have questions about how to pay via Flywire visit www.flywire.com/help.

The Flywire website, as well as their customer service, is available in a number of languages (<https://payment.flywire.com/pay/payment>).

Please take the following steps to avoid being a victim of a payment scam:

- 1. NEVER** give your SOLAR ID and Password to anyone else.
- 2. NEVER** use an anonymous third party individual to pay your tuition for you.
- 3. NEVER** use credit card or bank account information provided to you by someone else.
- 4. DON'T** assume that someone can get a better currency exchange rate for you.

Student Financial Services

bursar@stonybrook.edu

MONEY RELATED

BANKING TERMS

Debit: An amount of money coming out of your account. Also a type of withdrawal.

Credit: Adding an amount of money to your account. Also called a deposit.

Balance: The amount of money in your account at a given time.

Minimum Daily Balance: The lowest balance you can have in your account without being charged a fee.

Service Charge: Money charged for various banking transactions and services. See table on the right for examples.

TYPES OF ACCOUNTS

Checking

This type of account provides convenient access to your funds. You can open a checking account by filling out an application with the bank of your choice and depositing a sum of money. Most banks offer debit cards with their checking accounts.

Debit cards that contain the Visa or MasterCard logo may be used for purchases wherever these major credit cards are accepted. You will also be given (or you may have to order) checks to use with your account. Many banks offer student checking accounts where the monthly maintenance fee is waived.

Type of Fee	Description
Account Maintenance	A monthly service fee charged for the use of your account. Some banks waive this fee for students and/or if you have a recurring direct deposit into your account.
ATM Fee	A fee charged for using an ATM machine that is not owned by the bank where you have your account. In many cases you will be charged by the owner of the ATM and by your bank as well. Avoid these fees by using ATM's owned by your bank.
Insufficient Funds	Fees that are charged each time your bank covers a check or other transaction due to lack of available funds in your account.
Overdraft	Some banks will allow you to continue making purchases even if you do not have funds available in your account. You are charged a fee for each overdraft transaction and you may be limited in the number of overdraft transactions you are allowed in a statement period.

TYPES OF ACCOUNTS *(continued)*

Savings A savings account is a type of interest bearing account—your money will grow over time. These accounts are useful for storing funds that you may not need to access regularly. Many savings accounts limit the number of withdrawals or transfers you can make within a statement period.

Money Market Account A money market account is an interest bearing account that yields higher interest than a regular savings account. However, these types of accounts carry minimum daily balance requirements and also have limits on the number of transactions you can perform.

Certificate of Deposit A type of investment account where you deposit a sum of money and earn higher rates of interest than a regular savings account. You typically cannot withdraw the funds penalty free until the maturity date.

MONEY RELATED

TIP: KEEP YOUR PIN SAFE AND DO NOT LEAVE ATM RECEIPTS LAYING AROUND!

DEBIT CARDS

When you open a checking account, you are typically given a debit card. These cards will have either the Visa or MasterCard logo and can be used to make purchases wherever credit cards are accepted.

While they look like and can be used like a credit card, these debit cards are connected to your checking account. When you use your debit card as credit, the funds for that purchase come directly out of your account. In other words, you don't get to buy now and pay later like you can with a credit card. Therefore, it is very important to keep track of your account balance and make sure you have enough in your account to cover the purchase. Otherwise you may end up paying overdraft and insufficient fund fees!

DOCUMENTS NEEDED WHEN OPENING A Bank Account

U.S. banks require certain documentation when opening an account. Below is a list of things commonly needed and it is suggested you bring these with you. Please note, some banks may require additional documentation.

- Passport
- Visa
- Form I-20 / DS-2019
- Form I-94 Arrival/Departure Record, printed from i94.cbp.dhs.gov
- Minimum Cash/Check Deposit
- Proof of Address:
 - If you live on campus - your residence hall and mailbox information is needed (you can find this on SOLAR)
 - If you live off campus - lease agreement, utility bill, etc. that shows you live at that address

LOCAL BANKS

BANK	LOCATION
Island Federal Credit Union islandfcu.org 631-851-1100	<ul style="list-style-type: none"> • Stony Brook University Health Science Center Level 2 • 430 Route 25 East Setauket, NY 11733
Bank of America bankofamerica.com (800) 432-1000	<ul style="list-style-type: none"> • 15 Bennetts Rd, Setauket-East Setauket, NY 11733 • 3080 Middle Country Rd, Lake Grove, NY 11755
Capital One Bank capitalonebank.com (631) 724-3400	<ul style="list-style-type: none"> • 2003 Smith Haven Plaza, Lake Grove, NY 11755
Chase chase.com (631) 941-3800 (631) 979-9595	<ul style="list-style-type: none"> • 1395 Route 25A Setauket, NY 11733 • 2001 Nesconset Hwy Lake Grove, NY 11755
Citibank citibank.com (631)-240-0019	<ul style="list-style-type: none"> • 131 Alexander Avenue (Off of Route 347) Lake Grove, NY 11755
TD Bank td.com (631) 584-6357 (631) 331-1152	<ul style="list-style-type: none"> • 621 Lake Avenue St. James, NY, 11780 • 86 W Nesconset Highway, Port Jefferson, NY, 11776
Teachers Federal Credit Union teachersfcu.org (631) 698-7000	<ul style="list-style-type: none"> • 1113 N Country Rd Stony Brook, NY 11790 • 260 Pond Path Centereach, NY 11720

GETTING AROUND STONY BROOK

MAIL PACKAGES AND DELIVERIES

CAMPUS RESIDENCE MAILROOM

Residents have the ability to receive mail on campus. During the start of the semester the mailroom operation experiences peak utilization, therefore it is strongly encouraged that students wait to ship large items so that the item arrives after the student reaches campus. Please note that we are unable to receive packages for individuals not currently residing on campus. The delivery of extremely large items requiring freight or other carrier delivery services such as auto parts or furniture will be refused.

FEDEX SHIPPING IN MELVILLE LIBRARY

The FedEx Office Print Service Center provides quick turn-around black and white and color copies, large format printing for posters, banners and signs, packing and shipping services and supplies, direct mail services, "kitting" for presentation pieces, and a summer storage program.

Visit the Fedex Office location in the lower level of the Melville library, room 0320. You can email your order to the store at usa0116@fedex.com.

CARS AND DRIVING

DRIVING IN THE U.S.

According to the New York State Department of Motor Vehicles (DMV), you can drive in New York State with a valid driver license from another state or country, as long as it has not expired. While you aren't required by the DMV to have an International Driving Permit, the permit verifies in several languages that you have a valid driver license. This is helpful to police officers who can't read the language on your foreign driver license.

An International Driving Permit can only be obtain in your home country. Contact the authorities in your home country to get an International Driving Permit.

Visit the **VIS** office website for more information on [Applying for a NYS Driver's License](#)

PARKING ON CAMPUS

If students want to park on campus, their vehicle must be registered and display a valid parking permit. Violators are obligated to pay all parking tickets incurred. The University only recognizes parking permits issued by Parking Services or official disabled parking permits. All other parking permits are invalid.

For more information on getting [parking permits](#), please visit Mobility & Parking Services (MAPS) to learn more.

HOW TO GET AROUND STONY BROOK

Now that you are here, make sure to explore. From Manhattan to Montauk, we have it all! You will have easy access to beautiful beaches, culinary delights, world-class museums and more.

LONG ISLAND RAIL ROAD

Trains to other Long Island towns or into Penn Station in Manhattan. See the map for the location of the Stony Brook campus train station.

mta.info/lirr

CAMPUS BUS ROUTES AND SCHEDULES

The University provides a weekend bus to Smith Haven Mall. For more details, visit stonybrook.edu/transportation.

SUFFOLK COUNTY PUBLIC BUS SYSTEM

Lines 51 service the Stony Brook and Port Jefferson areas. Line 62 service the Smith Haven Mall to Port Jefferson areas. sctbus.org

APPS TO DOWNLOAD

Beyond Stony Brook








MTA Train Time: New York train/subway schedules, delays, and service changes, use this to purchase LIRR train tickets

Ride Hailing apps: Uber/Lyft

Food Delivery Apps: Uber Eats / Doordash

Social Media: Instagram / Group Me

Note: To download this app, it may be necessary to change the region on your phone to the United States.

PUBLIC TRANSPORTATION		MTA Train Time New York train/subway schedules, delays, and service changes
RIDE-HAILING	 	Uber/Lyft
FOOD DELIVERY	 	Uber Eats/Doordash
SOCIAL MEDIA	 	Instagram/Group Me

GETTING AROUND STONY BROOK

LOCAL BARBER SHOP

- [B Hair Salon](#)..... (631) 364-9003
- [Rockabilly Barbers of Stony Brook](#) (631) 689-2486

LOCAL RESTAURANTS

(Most within walking distance of Stony Brook train station)

- 16 Round Wood Fired Pizza**..... (631) 307-5700
- Taj Crown of India** (631) 825-2345
- China Station** (631) 751-6800
- Green Tea (Chinese)** (631)689-1111
- Green Cactus (Mexican)** (631) 751-0700
- Jersey Mike’s Subs** (631) 675-6700
- Organic Krush Kitchen & Eatery** (631) 759-4180
- Sichuan Garden (Chinese)** (631) 751-4845
- Sup Vietnamese Pho & Grill** (631) 675-6777
- Shah’s Halal Food**..... (631) 3649033
- Station Pizza & Brew** (631) 751-5543
- Ten89 Noodle House** (631) 689-1089
- Greek To-Go** (631) 689-2222

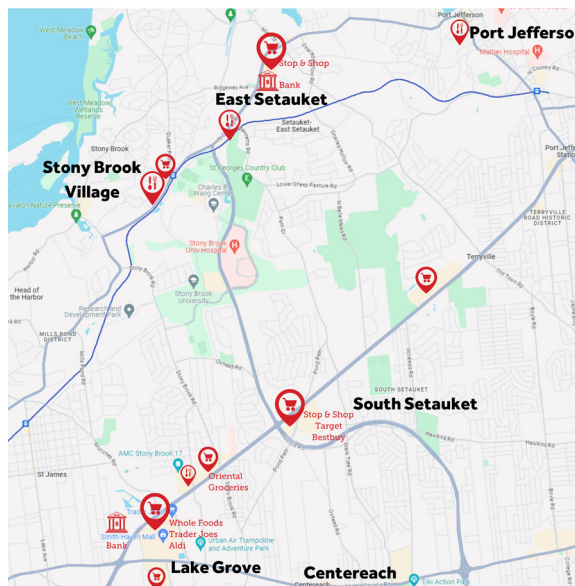
LOCAL SUPERMARKET

- S²-MART 11790 (Asian)** [Google Map Location](#) (631) 751-0545
- Stop and Shop** [East Setauket Location](#) (631) 751-1526
- Stop and Shop** [South Setauket Location](#)..... (631) 585-4585
- Oriental Groceries** [Google Map Location](#)..... (631) 689-8787
- Whole Foods Market** [Lake Grove Location](#)..... (631) 588-1466
- Trader Joes** [Lake Grove Location](#) (631) 366-2094
- ALDI** [Lake Grove Location](#) (855) 955-2534

BEYOND THE BROOK

Stony Brook and it’s surrounding neighborhood has a lot to offer. Whenever you are ready to explore, take a look at the Beyond the Brook website from the Student Affairs page to learn more about how to purchase tickets for Off-Campus Trips, where to go in New York City, Port Jefferson and beyond.

Visit [the Beyond the Brook](#) page to explore more.



STAY CONNECTED WITH INTERNATIONAL STUDENT SUCCESS

International Student Success develops programs, initiatives, and events to help Stony Brook’s international student population acclimate and adjust to the U.S. educational environment. The office also helps connect international students to a wide variety of campus resources to help them succeed in their academic, professional, and personal goals.

Some programs we do for International Students includes [INTERNATIONAL PEER MENTORING PROGRAM](#) for Undergraduate international students, student success workshops for undergraduate and graduate students: [ICAFE](#) and [IGRAD](#).

WHERE TO FIND US

The International Student Center is located in the Melville Library, first floor, room S-1450 next to the Pit Stop Commuter Lounge.

For a full list and other helpful information for international students, please visit stonybrook.edu/oga/iss.

STAY CONNECTED WITH CORQ

Find information about all student groups and upcoming events with the Corq app.

1. Download Corq from your phone’s app store. It’s free.
2. Select “Stony Brook University.” It should come up automatically if you open the app for the first time while on campus.
3. Sign in using your Net ID.
4. View all events/clubs or use filters to narrow down your search.



1 Student Activities Center

New Undergraduate Student orientation will be held here.

1 Frank Melville Jr. Memorial Library

International Student Center is located on the 1st Floor.

Visa and Immigration Services Office is located on the 5th Floor in room E-5310

2 Student Health Center/Infirmary

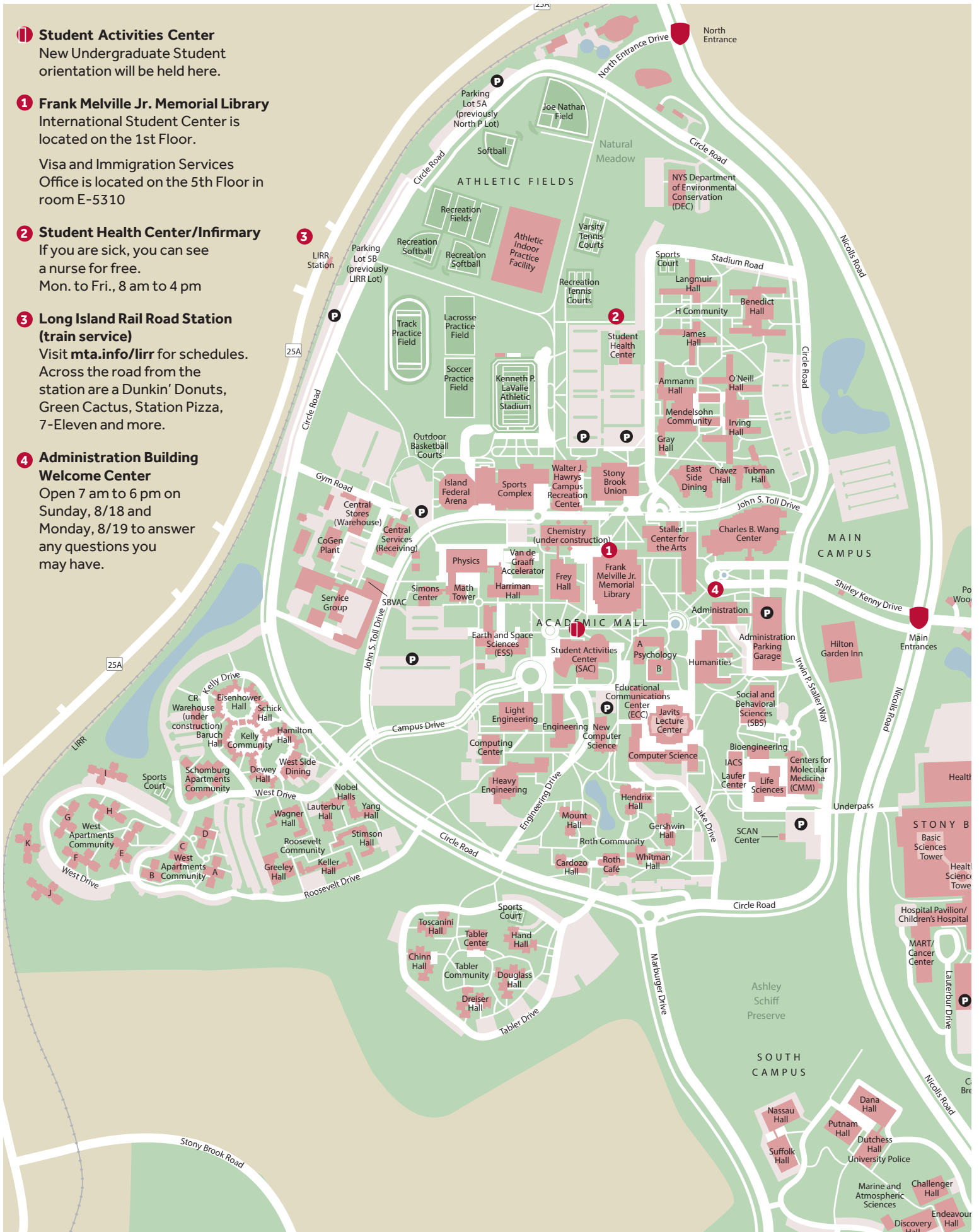
If you are sick, you can see a nurse for free.
Mon. to Fri., 8 am to 4 pm

3 Long Island Rail Road Station (train service)

Visit mta.info/lirr for schedules. Across the road from the station are a Dunkin' Donuts, Green Cactus, Station Pizza, 7-Eleven and more.

4 Administration Building Welcome Center

Open 7 am to 6 pm on Sunday, 8/18 and Monday, 8/19 to answer any questions you may have.



OTHER CAMPUS SERVICES

<u>BILLING</u>	(631) 632-2455
<i>(Student Accounts)</i>	
<u>Commuter Student Services and Off-Campus Living</u>	(631) 632-7353
<u>Counseling Center</u>	(631) 632-6720
<u>Health Insurance</u>	(631) 632-6517
<i>(International Students)</i>	
<u>Health Services</u>	(631) 632-6740
<i>(Infirmary)</i>	
<u>International Admissions</u>	(631) 632-6146
<u>International Student Success</u>	(631) 632-3365

OTHER CAMPUS SERVICES

<u>Meal Plan Office</u>	(631) 632-6517
<u>Student Accessibility Support Center</u>	(631) 632-6748
<u>New Student & Transition Programs</u>	(631) 632-6710
<u>Student Support Team</u>	(631) 632-6710
<u>Tech Support (Client Support Services)</u>	(631) 632-9800
<u>University Police/Emergency</u>	(631) 632-3333
From on campus/blue-light phone	333
<u>Visa and Immigration Services</u>	(631) 632-INTL [4685]
<u>The Graduate School</u>	(631) 632-4723



Stony Brook
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