

Student Health Advisory Council (SHAC)

February 2nd, 2024

1pm-2pm

Meeting Minutes

Walter J. Hawrys Recreation Center - Multipurpose Room

1. Welcome Back and Attendance

a. [Meeting Minutes from December 1st, 2023](#)

b. Introductions

c. Attendance

Smita Majumdar Das (Executive Director, CAPS, CPO)

Kerri Mahoney (Director, CPO)

Samantha Warren (Health Promotion Specialist, CPO)

Jenna Stimmel (Survivor Advocate and Prevention Associate, CPO)

Oren Shefet (Associate Director, CAPS)

Karen Dybus (Interim Director of Patient Services and Operations)

Rob Alpi (Marketing and Communications Coordinator, SHWPS)

Daniela Benitez (Administrative Assistant, CAPS)

Ben Sonant (CAPS Student Assistant)

Jenna Lecuit (Self Selected)

Alexia O'Keefe (Self Selected)

Chloe Maloy (CPO Peer educator)

Joshua Feng (CPO Peer educator)

Daniel Terlikowski (Self Selected)

Alex Herz (USG Student Representative)

David Safo (USG Student Representative)

Nistha Boghra (Exec Vice President, USG Student Representative)

Sujana Azmain (STYLE Peer Educator, Self Selected)

Joanna Alexandropoulos (CPO Peer educator)

Jayden Reilly (President, SBVAC)

Aryan Sharma (USG Student Representative)

Amanda Mejia (Self Selected)

2. Jenna Stimmel, Survivor Advocate and Prevention Specialist

a. [Link to Jenna's Presentation](#)

b. Discussion: New ways and ideas for bringing this information to students?

i. Is this in the Report IT Training? Yes

ii. RA's can host events that inform students on campus, RA's can inform their residents about resources

iii. Have Jenna come to RA training to meet everyone

- iv. Flyers/Posters in the commuter parking lots/lounges/ through CSA leadership
 - v. If individuals are involved in clubs they can send out the info through their listservs
 - vi. Samantha will follow up on Monday 2/8 with pdfs of resources and Jenna's presentation
 - vii. Jenna is available to come to Club or Org GBMs and present
 - viii. CPO has resource cards and flyers available for bulletin boards
 - ix. East and West Side Dining SCALA screens
 - x. All the admin offices should have cards at their front desk
 - xi. RAs can add the info to goodie bags at events
- c. SANE Center: This is available for all students, you do not need to go through the survivor advocate however if you call then UPD/SBVAC can pick up and transport the student without a report. If you call UPD directly you will still get transported but they will have to make a report. A SANE exam can be done up to 5 days after an event, you can still access the advocate after that, you can also go to SHS after the 5 days for any testing or medical care you need

3. Updates

a. CAPS:

- i. New Associate Director - Oren Shefet
 - 1. Oren Shefet is a lawyer, Doctor of Clinic Psychology, has been in college counseling for 7 years, Chair of the research committee on Mental Health in College Students, wants to work on improving the access of CAPS
- ii. Ongoing Search for an Equity and Inclusion Assistant Director CAPS
 - 1. Daniela shared the QR code if students are interested in attending on 2/9
- iii. New Counselors on board
 - 1. 5 New counselors have been onboarded and continuing to hire more
- iv. Groups at CAPS
 - 1. Psychoeducational Groups, skills and interest based

Q: Students have reported that they stopped going or have not made appointments at CAPS because they are unable to request a person of color or specific gender as a counselor.

A: CAPS is working to hire more people of color as counselors however there are not enough in NY state or nationwide. Please inform students that CAPS is working towards improving the cultural competency of current providers. TimelyCare may have more diverse options. If students want to discuss this they can reach out to Smita to make sure they are getting the care they need.

Q: Could the Mental Health Fund help students seeking care off campus find more diverse counselors?

A: The mental health fund can assist in paying the copay but the need must be established by the bursar

Q: Online Scheduler, Can students select the counselor they would like to see?

A: CAPS is not there yet, want to ensure they are not putting undue burden on specific counselors, students can see wait time and choose to wait or see another provider

- v. Artwork at CAPS in collaboration with the Campus Beautification Committee (CBC)- Contact Daniela if you would like a tour



b. SHS

i. Update on Flu/COVID & other

1. Nothing alarming but is on campus, SHS is in touch with NYS and Hospital of Infectious Disease to make sure we aren't missing anything
2. There has been a smattering of measles cases in PA, NJ and NY not on Long Island yet but SHS is monitoring

ii. Update on Student employment in SHS

1. SHS has hired more students to help the Nurse Manager and is looking to expand Student Employment

iii. Discussion on immunization compliance

1. All SBU Students are required to submit immunization records to attend, First Year students get email reminders to submit
2. SHS has a compliance manager and currently SBU's compliance is higher than it ever has been

c. CPO

- i. CPR Certifications and Hands Only CPR Trainings now available

1. CPR trainings have started, CPO will host weekly Hands Only classes as well as 4 certification classes
- ii. 24/25 Peer Education Application Process Starting
 1. Info sessions start week of % we are expecting to welcome a class of about 60 interns, will have 1 and 3 credit options
- iii. Recovery Meetings
 1. Wednesday 7:30pm, inclusive recovery meetings
- iv. Vaping Cessation Course
 1. 4 week long course hosted in CPO by Suffolk County DOH
- v. 2024 Upstander Gala- April 8th 7-9pm
 1. We are expecting to give the Upstander Award to about 630 students (largest group ever)
 2. The invitation email should go out shortly, email cpo_upstander@stonybrook.edu with questions

Q: Vaping Cessation- Is this new or has it been popular?

A: We have hosted in the past but have not had great traction, this will be a 4 week course by the SCDOH so hopefully will get more students

Q: Any updates on more PODS?

A: They are being utilized but not enough to invest in more right now, will continue to monitor

4. Regional SHAC Network
 - a. The University of Rochester Student Health Advisory Committee is putting together a network of regional SHACs to share startup materials and coordinate advocacy efforts in the NYS region
 - b. Contact tpeng11@u.rochester.edu for more information
5. Updates on future programs and meetings (Samantha)
 - a. Upcoming Meetings: March 1st, April 5th, May 3rd
6. Open Agenda